

CONGRESSIONAL CUP WEEKEND



TOURNAMENT~ INVITATIONAL~ CLINIC



MARCH 20TH & 21ST
MOUNT SAINT MARY'S COLLEGE
KNOTTS ARENA

WWW.CONGRESSIONALCUP.NET

35th Annual Congressional Cup Tournament

Saturday March 20, 2010

Contest Director: Kay Colen
Contests Starts at 8:00 am

Location: Mount St Mary's University Knotts Arena

Doors Open at 7:00am

Special Features

Alan Kramer Memorial Award

Awarded to the Senior Elite Twirl-Off Winner

Bob Foehlinger Memorial Award

Awarded to Senior Men's Invitational Winner

Twirl Offs

1st place in Beg, Int, & Adv (Open only) will recompete for Beg, Int, and Adv Twirl Off. Elite: 1st-5th in the open solo will recompete for Juv, Pre-teen, Jr, & Sr - * Tiny Tot may compete in the Juv. Division

Events

Baby Best Appearing: Walk straight up & back

Best Appearing: Nov., Beg., and Adv. Time Limit: 1min

Basic Strut: Baby Basic, Nov, Beg, and Adv.

Super X Strut: Nov., Beg, Int, and Adv, Open, Instate, and Visitor

Solo: Baby Solo, Nov, Beg, Int, Adv, Open, Instate, and Visitors. (Elite Open Only)

Two-Baton: Nov., Beg, Int, and Adv.

Three Baton - One division 0-9, 10-12, 13-15, 16+

All-Around - Beg., Int., and Adv.

Duet - Nov, Beg, Int, Adv.

Team: Beg. & Adv.

Awards

Open Events: First place: trophy, 2nd-5th: medallions /Novice: 1st-5th place ribbon

Instate and Visitor Events: First place- Rosetta ribbon - 2nd-5th-medallions

All-Around: First - Third trophies, Medallions 4th and 5th, Individual event First place Ribbon

Age Divisions

Baby 0-4, 0-6, 7-9, 10-12, 13-15, 16+

All-Around Championship

Beginner, Intermediate & Adv. 0-6

All-Around Championship will incorporate Super X, Solo and Two Baton

Advanced

All-Around Championship (except 0-6) will incorporate Solo, Two Baton and Rhythmic/Freestyle

Invitees are not eligible for this event.

All events in the All-Around will carry equal weight in the tabulation.

**Don't forget about
our Great Team
competition on
Sunday!!!**

**Great way chance
to get your team on
the Floor!!!**



2009 Congressional Cup Tournament Champions

Juvenile: Lexi Duda

Preteen: Hayley Garrity

Junior: Brittany McArthur

Junior Mens: Jack Giordano

Senior: Jennifer Marcus

Senior Men: Jon Burkin

15th Annual Congressional Cup Invitational

Saturday March 20, 2010- Preliminary Round

Sunday, March 21, 2010- Finals

Congratulations to this year's Invitees...

Women

Gabriella Collado- New York
Brittany Frankel -Maryland
Tara Hartman - Florida
Amanda Hearn-Zych-Ontario
Alyssa Kane-Maine
Alicia Larkin -Saskatchewan
Whitney Laugher - Ontario
Olivia Lynch-Pennsylvania
Kayla McKinnon-Saskatchewan
Alyssa McLaughlin-New Hampshire
Samatha Metelski-Ontario
Melissa Nugent-Maryland
Danielle Priel-Saskatchewan
Catherine Ramirez -New Jersey
Breanne Rowe-Maryland
Kristen Scali - Ohio
Sara Thibeault - Saskatchewan
Danielle Vanscoyk- Maryland
Kiera West - Saskatchewan
Karrissa Wimberley - Florida
Michelle Widener-New York
Alexa Wisener-California

Men

Steven Bobby-Pennsylvania
Jonathan Burkin -Ohio
Jack Giordano -New York
Mathew Johnson - Ontario
Donovan Sarr - Ohio



The athletes competing in this event have been deemed the best All-Around twirlers from their respective organizations. The Invitees are selected by their placements at the National Championships of the United States Twirling Association, the National Baton Twirling Association, the Canadian National Baton Twirling Association, and the Canadian Baton Twirling Federation. The athletes will compete in three events Solo, Two Baton and Freestyle and an All-Around Champion will be determined!! So, who will become the 2009 Congressional Cup Invitational Champion? Come cheer on your favorite athlete to victory and see some amazing performances at the 2010 Congressional Cup Invitational Show!

Finals Show

2:30 PM Sunday

Opening Presentation

The show begins with the presentation of the judges, the performers, the Invitees and reigning National and/or World Champions in attendance. If you wished to be included in the prestigious opening ceremony and are a reigning (Advanced Only) National Champion (Solo, Strut, Two-Baton, or Freestyle only) please email Lindsay at linscolen@aol.com.

Finals of the Invitational

The primary purpose of the show is for the Five Finalists to compete for the coveted title of 2010 Congressional Cup Invitational Championship.

Performances

We are always honored to have great performers participating in the Finals Show. This year's performances will include...

The Winner of the Men's Invitational
World & National Dance Twirl Team and Twirl Teams
And other exciting performers!!!

Come and watch the best twirlers on the North American continent compete in this prestigious competition. This will be a thrilling event for twirlers and spectators alike!!!!



Women's Champion to Receive \$1,500 Scholarship!!!

1st Runner-Up - \$1,000

2nd Runner-Up - \$500

Men's Winner \$500

Congressional Cup Clinic

Sunday, March 21, 2010

9:00am-1:30pm



Classes will be held for Beg., Int., and Adv: Free Hand, Contact Material (Low Difficulty), Fingers, Rolls, Flats, Novelty Tricks, Two Baton, and Strut (USTA and NBTA).

No Private Lessons available.

Coaches include:

Jonathan Burkin :

2-time NBTA World Champion and featured on America's Most Talented Television Show

Donovan Sarr:

Congressional Cup Invitee and West Virginia University Feature Twirler

As well as...

Past Congressional Cup Winners and National Champions

If you are entered in team, which is scheduled at the same time as the clinic, you may still catch some of the classes by paying \$8.00 per class. There will be 5 classes and entries will be accepted that day.

Price: \$32.00 for the entire clinic

All twirlers who have not already paid a facility fee will be charged a \$10 fee

Support Congressional Cup

Buy an Ad in our Program

Show your support for your child and your teammates!!! Buy an Ad today!!!

1/4 page - \$25

1/2 page - \$50

Full Page \$100

Become a Patron

All proceeds used for the promotion of Baton Twirling!

Regular Patron - \$10

Silver Patron - \$25

Gold Patron - \$50

Platinum Patron -\$100

T-Shirts & Shorts

Congressional Cup T Shirts - \$15.00 with Entry

Congressional Cup Shorts - \$15.00 with Entry

Congressional Cup Pants- \$25.00 with entry

Congressional Cup Tank Top- \$18.00 with Entry

Very limited supply of pants – day of contest

\$20.00 Day of Contest

\$20.00 Day of Contest

\$30 Day of Contest

\$25.00 Day of Contest



Hotels & Driving Directions

Eisenhower Hotel & Conference Center

Phone: 717-334-8121 or 800-776-8349 **Website:** <http://www.eisenhower.com/>

Prices: \$94.00 Single/Double....\$104 Triple.....\$114 Quad

*Please state that you are with the Congressional Cup Twirling Competition

*******EARLY CUT OFF DATE for that rate – February 8th*******

Call to get your rooms now! This is a very busy time for the hotel and they will sell out quickly!!!

Recommended - less than 10 minutes north of Mt St. Mary's College!!!

From Rt 15 – Exit from 15 By-Pass at Steinwehr Ave. Exit and travel 2.1 miles. Hotel is on the Right.

Sleep Inn:

Emmitsburg, Maryland

Phone: 1-800-408-4748

Within 3 miles of the competition. Limited double rooms and suites, so reserve now!

You must make your reservations at least three weeks ahead of time to get the rate of \$97.00.

You must also mention that you are with Congressional Cup Tournament.

Holiday Inn Express - Frederick Phone # 301-695-2881

Hampton Inn - Frederick Phone # 301-698-2500

Directions from Airports to Eisenhower Hotel

Washington Dulles International

Travel Estimate 1 hour 21 min

Distance from Hotel - 70 miles

Start out going NE on Saarinen Cir toward Dulles Airport Access Rd. Stay straight on Dulles Access Road for .4 miles. Take the exit toward Va-28/Va-267 Toll/Rental Car return (.3 miles) Merge onto Va 267 W/Dulles Greenway toward Leesburg (Portions toll) for 13.6 miles. Take the Va-7 exit, Exit 1B toward US-15 N/Frederick Md. Merge onto US 15 BYP N/Leesburg (3.4 miles) This becomes US-15N crossing into Md. Stay on this for 21.7 miles. Merge onto US-15 N via exit 12B toward Gettysburg for 27.8 miles (Crossing into Pa.) Take the US-15-BR exit toward Steinwehr Ave. Turn left onto US-15 BR/Emmitsburg Rd. Follow for 2.1 miles. Hotel is on the right – 2634 Emmitsburg Rd.

Baltimore-Washington International Airport

Travel Estimate 1 hour 30 minutes

Distance from Hotel – 81 miles

Start out going west on I-195 for 4.9 miles. Merge onto I-95N via exit 4A. Continue 2.1 miles and merge onto I695N/Baltimore Beltway Inner Loop via exit 49B on the left toward I-70/I-83 Towson. Stay on 695 for 5.3 miles and then merge onto I-70 W via exit 16 toward Frederick. Continue for 38.8 miles. Merge onto US-40W via exit 53B toward US-15 N/Gettysburg. Follow Rt 15 for approx 26 miles. Take the US-15-BR exit toward Steinwehr Ave. Turn left onto US-15 BR/Emmitsburg Rd. Follow for 2.1 miles. Hotel is on the right – 2634 Emmitsburg Rd.

Reagan National Airport

Travel Estimate 1hr 30 minutes

Distance from Hotel 78.5 miles

Start out going North on S Smith Blvd (.01 miles). Take the exit toward George Washington Memorial Parkway N. Follow for 11.5 miles. Merge onto I-495 N/Capital Beltway toward Maryland. Stay on 495 for 4.3 miles. Keep left and take I270 Spur N via exit 38 toward Rockville/Frederick. In 2 miles the I-270 spur becomes I-270. Follow for 30.1 miles. I-270N becomes US-40 W for 1.2 miles and then US15 N. Follow Rt 15N for 26.7 miles. Take the US-15-BR exit toward Steinwehr Ave. Turn left onto US-15 BR/Emmitsburg Rd. Follow for 2.1 miles. Hotel is on the right – 2634 Emmitsburg Rd.

Directions to Knotts Arena

From points East and West- Take Rt. 70 to Frederick, exit onto Rt. 15 N (Gettysburg). Proceed for approximately 20 miles. Campus on left. Knotts Arena on right. Turn right and follow the road around to the Arena

From points South: Take Rt.. 270 North. Continue straight through Frederick. Follow above directions.

From points North- Take Rt. 15 south. In Emmitsburg --The Campus will be on the right. Turn Left. Follow road around to the Arena.

General Information

1. Age Ruling- A contestant's age for the entire contest year will in every case be determined by actual age on September 1, 2009.
2. NBTA. rules prevail except:
 - a. A salute is not required.
 - b. The time limit for Adv Solo is 1:55-2:30.
3. Standard March Music will be used for Super X.
4. Judges decisions are final.
5. Contestants are responsible for reporting to their lanes on time.
6. Contest officials and the school are not responsible for loss of articles, accident or injury.
7. Only tennis shoes are allowed on the gym floor.
8. Awards posted as soon as the scores are tabulated, except for Twirl Offs and All-Around events, which will be announced at the end of the day.



Early Deadline!!!

Entries must be postmarked no later than Wednesday, February 17th. Checks must accompany entry form or \$15 extra per person will be charged. Phone entries with an additional \$15 per person charge will be accepted until **Thursday, February 25th, 2010.**

NO ENTRIES THE DAY OF THE CONTEST!!!!
Checks should be made Payable to Congressional Cup....

<u>Mail Entries to:</u>	<u>Phone Entries</u>	
Kay Colen 12857 Huntsman Way Potomac, Md 20854	Kay Colen 301-340-8421	Kathryn Waesche 301-586-0183

2010 Congressional Cup Tournament's Team Entry Form

Team Name:					
Address: Phone #: Instructor:					
Event	Level	Size	# of Members		Total Cost
Tiny Tot Dance Twirl Team 0-5.9	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Tiny Tot Dance Twirl Team 0-5.9	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Juvenile Dance Twirl Team 6-8.9	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Juvenile Twirl Team 6-8.9	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Junior Dance Twirl Team 12-14.9	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Junior Twirl Team 12-14.9	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Senior Dance Twirl Team 15+	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Senior Twirl Team 15+	<input type="checkbox"/> Beg.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
	<input type="checkbox"/> Adv.	<input type="checkbox"/> Small (4-8 members)		x\$5.00	
		<input type="checkbox"/> Large (9+ members)		x\$5.00	
Facility Fee of \$10.00 per members who did not enter Individual Events (Sat)					
Total Team Fee:					

Individual Entry Form

Name:		Birthday:
Address:		
Telephone:	Email Address:	
Instructor:		
Age as of (9/01/09):	Duet Partner's Name:	

Events

	Elite	Adv.	Int.	Beg.	Nov.	Baby	Men
All-Round		<input type="checkbox"/> \$40.00	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$35.00			
Best Appearing		<input type="checkbox"/> \$10.00		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00	<input type="checkbox"/> \$8.00	
Basic		<input type="checkbox"/> \$10.00		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00	<input type="checkbox"/> \$8.00	
Super X (Open)		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		
Super X (Instate)		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		
Super X (Visitor)		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		
Solo (Open)	<input type="checkbox"/> \$12.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		<input type="checkbox"/> \$12.00
Solo (Instate)		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		
Solo (Visitors)		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		
Two-Baton		<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$8.00		
Three-Baton		<input type="checkbox"/> \$10.00					
Duet (each)		<input type="checkbox"/> \$5.00	<input type="checkbox"/> \$4.00	<input type="checkbox"/> \$4.00	<input type="checkbox"/> \$4.00		

Entry Fee Total:		
Patron Listing	<input type="checkbox"/> Bronze \$10.00	<input type="checkbox"/> Silver \$25.00
	<input type="checkbox"/> Gold \$50.00	<input type="checkbox"/> Platinum \$100.00
Ads	<input type="checkbox"/> ¼ Page \$25.00	<input type="checkbox"/> ½ Page \$50.00
	<input type="checkbox"/> Full Page \$100.00	
T-Shirt	Size:	Available Sizes: CM,CL,CXL,AS,AM,AL,AXL,AXXL (add \$2)
		<input type="checkbox"/> \$15.00
Tank Tops	Size:	Available Sizes: CM,CL,CXL,AS,AM,AL,AXL,AXXL (add \$2)
		<input type="checkbox"/> \$18.00
Pants	Size:	Available Sizes: CS,CM,CL,CXL,AS,AM,AL,AXL,AXXL (add \$2)
		<input type="checkbox"/> \$25.00
Shorts	Size:	Available Sizes: CS,CM,CL,CXL,AS,AM,AL,AXL,AXXL (add \$2)
		<input type="checkbox"/> \$15.00
Clinic: (\$32.00)		
Facility Fee: (\$20.00 per family)		
Total:		